

VICTORIAN DRUG FREE POWERLIFTING ASSOCIATION Inc

2010 Competition Registration

NOVICE / QUALIFYING COMPETITION	<input type="checkbox"/> (please tick)	Entry Fee - \$25
VICTORIAN CHAMPIONSHIPS	<input type="checkbox"/> (please tick)	Entry Fee - \$40
NATIONAL SINGLE LIFT CHAMPIONSHIPS	<input type="checkbox"/> (please tick)	Entry Fee - \$50

FULL COMPETITION ENTRY SQUAT, BENCH PRESS & DEADLIFT

SINGLE LIFT ENTRY SQUAT BENCH PRESS DEADLIFT

- 100% Entry fee - Second and/or third lifts - 75% of Entry Fee
PLEASE NOTE: Entries must be received no later than 9 days prior to event
Competitors required at event at 8am sharp for weigh in. Lifting to start at approx 10am
Entrants can enter single lift, full competition, or both single lift and full competition.

PERSONAL DETAILS

First Name: Surname:
Address: City / Suburb:
State: Postcode:
Phone: Date of Birth:
Name of Club / Gym: Weight Class:
Age Class: Assisted or Unassisted:

In consideration of the entry, I hereby to be legally bound by myself, my heirs, executors or administrators, waive any and all rights and claims for damages against Drug Free Powerlifting Australian Pty Ltd, the management, committee members, organisers and or assigns, and the sponsors of this contest, for any injuries suffered by me at the said Powerlifting competition.

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Signature of Entrant Signature of parent or guardian if under 18 years of age

Please enclose cheque / money order payable to: VDFPA Inc.	Please forward to: The Treasurer
TOTAL ENTRY FEES ENCLOSED \$.....	VDFPA Inc. PO Box 6207 Highton VIC 3216