

# FLIGHT 1

## VICTORIAN DRUG FREE POWERLIFTING ASSOCIATION

STATE VICTORIA  
 DATE 02/05/10

EVENT VICTORIAN CHAMPIONSHIPS  
 VENUE MARYBOROUGH

CATEGORIES  
 (N) Novice (JM) Junior Master (O) Open (M) Master  
 (T) Teenager (SM) Senior Master (S) Senior (GM) Grand Master

NAME	E	U	BWT	Cat	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat.	Grade	S.F.T.	
						1	2	3	4	1	2	3	4		1	2	3	4					
46.3 JULIE LOOMES (SINGLE LIFTS ONLY)		✓	47.5	OPEN M3	E'HAWK	60	65 <sup>NR</sup>	(67.5) <sup>NR</sup>		40	45	(47.5) <sup>NR</sup>		-	90	100 <sup>NR</sup>	(107.5) <sup>NR</sup>		-	SINGLE LIFTS			
55.1 TANYA GREEN		✓	55.5	OPEN	GEELONG	90 <sup>85</sup>	(90)	95		50	(50)	55		140	110	(115)	120		255			235.49	.9235
62.3 SHARON HUGHEY		✓	63.0	M2	GEELONG	80	(80)	90		40	50	(50)		130	100	110	(120)		250			208.4	.8336
69.2 KERRYANNE HOLMES (SINGLE LIFT)		✓	70	M1	TALBOT										120	(130)	137.5 <sup>NR</sup>		-	SINGLE LIFTS			
64.0 HELEN KOSTADINOS		✓	70	M6	E'HAWK	80	85 <sup>NR</sup>	(90) <sup>NR</sup>		55	57.5	(60) <sup>NR</sup>		150	115	122.5 <sup>NR</sup>	(127.5) <sup>NR</sup>		277.5 <del>242.5</del>			226.10	.8148
80.0 JESS BAKER		✓	80	OPEN	KYNETON	85	92.5	(100)		47.5	50	(55)		155	110	117.5	(125)		280			192.78	.6885
75.0 REBECCA WARDLAW		✓	80	OPEN	HOMEBUSH	100	(120)	130		(50)	62.5	62.5		170	140	160	(160)		330	1st overall + 80 kg open		238.12	.7216
77.0 DIANNE CASTANELLI		✓	80	M5	M'BOROUGH	90	102.5	(107.5) <sup>S/N</sup>		(45)	50	50 <sup>SR</sup>		152.5	110	(125)	132.5 <sup>S/N</sup>		277.5			196.47	.7080
54.8 JESSICA BAKER		✓	90	T3	CARISBROOK	80	90	(100)		40	45	(50) <sup>SR</sup>		150	100	110	(120)		270			178.06	.6595
87.2 JOY ROSENOW		✓	90	M3	M'BOROUGH	60	(80)	90 <del>85</del>		(50)	60	60		130	100	110	(120) <sup>NR</sup>		250			161.47	.6459
75.8 DENAI DERECKI		✓	90+	OPEN	M'BOROUGH	80	115	(117.5)		50	67.5	70.0 <del>67.5</del>		187.5	140	167.5	(170)		357.5			218.71	.6118
87.3 ANNE BRYANT.		✓	90	M1	OCEAN GROVE	100	110	110		65	72.5	(75)		175	125	135	(145)		320			203.00	.6344

REFEREES (& CATEGORY)

HEAD REFEREE JULIE HEMMING *Julie Hemming*

SIDE REFEREE SANDRA CLOW *Sandra Clow*

SIDE REFEREE ADAM MAZZON *Adam Mazzon*

# FLIGHT 2

## VICTORIAN DRUG FREE POWERLIFTING ASSOCIATION

STATE VICTORIA  
 DATE 02/05/10

EVENT VICTORIAN CHAMPIONSHIPS  
 VENUE MARYBOROUGH

CATEGORIES  
 (N) Novice (JM) Junior Master (O) Open (M) Master  
 (T) Teenager (SM) Senior Master (S) Senior (GM) Grand Master

NAME	E	U	BWT	Cat	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat.	Grade	S.F.T.
						1	2	3	4	1	2	3	4		1	2	3	4				
75.0 LEIGH O'BRIEN (NOVICE)		✓	75.0	OPEN	KYNETON	100	110	120		70	80	87.5		207.5	150	160	175		382.5		254.17	.6645
86.3 MATHEW FLEMING		✓	90	JNR	KYNETON	125	140	142.5		75	80	87.5		230	185	195	205		425		255.38	.6009
78.7 SHANNON MOUATT		✓	82.5	OPEN	K'VILLE	170	175			125	130	135		310	240	250	255		560		358.68	.6405
78.5 NOEL LINDSAY		✓	82.5	M3	D'COMBE	100				130	135	140		235	140				375		240.67	.6418
<del>RHYS ARCHER</del>		✓		<del>JNR</del>	<del>KYNETON</del>																	
81.0 DARYL DANDO		✓	90	OPEN	GEE LONG	65				195 NR	195 NR	195 NR		-	75				-		-	.5893
89.3 JASON MAWBY		✓	90	JM	MTELIZA	120	140	160		105	115	120		275	170	200	210		485		285.22	.5881
81.9 PETER HALLY		✓	90	M2	C'BOURNE	120	140	140		100	110	120.5 NR		250	180	200			430 ASSIST		255.37	.5939

REFEREES (& CATEGORY)

HEAD REFEREE JULIE HEMMING *Geelong Hemming*

SIDE REFEREE

SANDRA CLOW *Sandra Clow*  
DEBBIE MACER *Debbie Macer*

SIDE REFEREE

ADAM MAZZON *Adam Mazzon*

# FLIGHT 3

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EVENT VICTORIAN CHAMPIONSHIPS  
 VENUE MARYBOROUGH

CATEGORIES  
 (N) Novice (JM) Junior Master (O) Open (M) Master  
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NAME	E	U	BWT	Cat	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat.	Grade	S.F.T.
						1	2	3	4	1	2	3	4		1	2	3	4				
59.9 CURTIS DE HAAN		✓	90	T3	M'BOROUGH	180	220	(230)		110	110	(135)		365	(250)	325 <sup>NR</sup>			615	RAW 1st	360.20	.5857
71.5 TOM MATTHYSSEN		✓	100	T3	M'BOROUGH	150	170	(180)		90	100	(105)		285	190	210	(220)		505	1st T3	283.05	.5605
92.7 EARL MURPHY		✓	100	T3	M'BOROUGH	140	160	(170)		80	90	(95)		265	180	200	(220)		485	100 kg	279.06	.5754
97.7 ADRIAN CARNOVALE		✓	100	OPEN	TYLDEN	(190)	210	210		145	(155)	160		345	180	200	(220)		565		316.34	.5599
99.2 TRISTAN GASSMAN		✓	100	JM	WODONGA	210	(210)	240		160	(180)	190		390	210	230	(240)		630	ASSISTED 1st	350.28	.5560
96.5 PAUL TEAPE		✓	100	M2	W'WAYS	160	(170)	180		110	120	(125)		295	200	210	(217.5)		512.5		288.69	.5633
107.4 BEN WINTLE		✓	110	JM	M'BOROUGH	160	(180)	210		(140)	150	155		320	230	(250)	255		570		307.70	.5399
109.7 CHRIS KNIGHT		✓	125	OPEN	BAYNTON	145	155	(165)		75	80	(85)		250	180	200	(225)		475		254.99	.5368
121.6 DEAN GEDDES		✓	125	JM	DONALD	170	(180)	190		120	(125)	130		305	210	(230)	245		535		281.08	.5254
114.5 MARTY HARTE		✓	125	M1	BENDIGO	(60)				135	145	(155)		215	(60)				275		146.24	.5318

REFEREES (& CATEGORY)

HEAD REFEREE JULIE HEMMING *Julie Hemming*

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