

# VICTORIAN DRUG FREE POWERLIFTING ASSOCIATION

STATE VICTORIA  
 DATE 8TH AUGUST 2010

EVENT NATIONAL SINGLE LIFT  
 VENUE BENDIGO

CATEGORIES  
 (N) Novice (JM) Junior Master (O) Open (M) Master  
 (T) Teenager (SM) Senior Master (S) Senior (GM) Grand Master

NAME	E	U	BWT	Cat	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat.	Grade	S.F.T.		
						1	2	3	4	1	2	3	4		1	2	3	4						
AUSTIN MORRISON		✓	75k	M5	N.S.W	162.5 <sup>w</sup>	172.5 <sup>w</sup>	(182.5 <sup>w</sup> )							182.5	(192.5 <sup>w</sup> )								
ALAN SIMPSON	✓		82.5k	M6	N.S.W					90 <sup>w</sup>	(97.5 <sup>w</sup> )	105 <sup>w</sup>												
DR MARK SANDS		✓	82.5k	JM	N.S.W					80 <sup>SN</sup>	87.5 <sup>SN</sup>	(90 <sup>SN</sup> )			200 <sup>SN</sup>	(212.5 <sup>SN</sup> )								
NOEL LINDSAY		✓	82.5k	M3	D'COMBE					130	(140 <sup>N</sup> )	145 <sup>N</sup>												
PETER HALLY	✓		90k	M2	C'BOURNE					<del>120<sup>SN</sup></del> 110	(121.0 <sup>SN</sup> )	125 <sup>SN</sup>												
RAY ANCILLERI		✓	90k	M4	G'LAND					100	107.5	(112.5 <sup>SN</sup> )	(120 <sup>SN</sup> )											
BARRY WILKES		✓	90k	M6	G'LAND					100	(107.5 <sup>SN</sup> )	112.5 <sup>SN</sup>												
JASON MAWBY		✓	90k	JM	MELIZA					125	(135)	140												
DON JUERS		✓	110k	M7	S.A					90 <sup>NR</sup>	105 <sup>N</sup>	(110 <sup>N</sup> )			130 <sup>NR</sup>	140 <sup>NW</sup>	(145 <sup>NW</sup> )							
DAMIEN KRUGER		✓	110k	JM	WARRAGOL	210	230	(230 <sup>N</sup> )		170	(180 <sup>SN</sup> )	190 <sup>SN</sup>			270	(280)	290 <sup>N</sup>							
NATHAN SHEPHERD		✓	110k	OPEN	SUNBURY										275	(285 <sup>N</sup> )	292.5 <sup>N</sup>							
CHRIS KNIGHT		✓	110k	OPEN	BAYNTON										200	230.5 <sup>S</sup>	(235 <sup>S</sup> )							
DEAN GEDDES		✓	125k	JM	DONALD	170	180	(190)		(120)	130	130												
MARTY HARTE		✓	125k	M2	BENDIGO					150	155	155												

REFEREES (& CATEGORY)  
 HEAD REFEREE JULIE HEMMING *Julie Hemming* SIDE REFEREE BOB PARKER *Bob Parker*  
 ADAM MAZZON *Adam Mazzon* SANDRA CLOW *Sandra Clow*  
 SIDE REFEREE JOHN CLOW *John Clow*

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NAME	E	U	BWT	Cat	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat.	Grade	S.F.T.		
						1	2	3	4	1	2	3	4		1	2	3	4						
JULIE LOOMES		✓	44K	M3 OPEN	E'HAWK	55 <sup>S/N/W</sup>	66	(60) <sup>S/N/W</sup>		40 <sup>S/N/W</sup>	(45) <sup>S/N/W</sup>	47.5 <sup>S/N/W</sup>			95 <sup>S/N/W</sup>	(100)	107.5							
ROSE GOW		✓	53K	M3	S.A	90 <sup>N/W</sup>	100 <sup>N/W</sup>	(105) <sup>N/W</sup>		47.5 <sup>S/N/W</sup>	(52.5) <sup>S/N/W</sup>	55 <sup>S/N/W</sup>			125 <sup>N/W</sup>	135 <sup>N/W</sup>	(140) <sup>N/W</sup>							
BARBARA JUERS		✓	63K	M6	S.A	50 <sup>N</sup>	(60) <sup>N/W</sup>	—		40 <sup>N/W</sup>	(42.5) <sup>N/W</sup>	45 <sup>N/W</sup>			70 <sup>N/W</sup>	80 <sup>N/W</sup>	(90) <sup>N/W</sup>	100 <sup>N/W</sup>						
HELEN KOSTADINOS		✓	70K	M6	E'HAWK	80 <sup>N/W</sup>	87.5 <sup>N/W</sup>	(92.5) <sup>N/W</sup>		50 <sup>N/W</sup>	57.5 <sup>N/W</sup>	(60) <sup>N/W</sup>			100 <sup>N/W</sup>	120 <sup>N/W</sup>	(130) <sup>N/W</sup>	127.5						
REBECCA WARDLAW		✓	80K	OPEN	M'BOROUGH	100	130 <sup>N</sup>	(130) <sup>N</sup>		55 <sup>N</sup>	(65) <sup>N</sup>	67.5 <sup>N</sup>			140	(165)	—							
DIANNE CASTANELLI		✓	80K	M5	M'BOROUGH	90	(100) <sup>N/W</sup>	110 <sup>N/W</sup>		40	(45) <sup>N/W</sup>	50 <sup>N/W</sup>			110	(125) <sup>N/W</sup>	130 <sup>N/W</sup>							
JESSICA BAKER		✓	90K	T3	M'BOROUGH	(80)	100 <sup>N/W</sup>	100 <sup>N/W</sup>		40 <sup>N/W</sup>	45	(50)			(100)	120	120							

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SIDE REFEREE SANDRA CLOW *Sandra Clow*

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