

VICTORIAN DRUG FREE POWERLIFTING ASSOCIATION

STATE NSW

EVENT National Powerlifting Championship

CATEGORIES

DATE June 19th 2010

VENUE MERIMBUNA - TSL

(N) Novice (JM) Junior Master (O) Open (M) Master
(T) Teenager (SM) Senior Master (S) Senior (GM) Grand Master

NAME	E	U	BWT	Cat	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat.	Grade	S.F.T.
						1	2	3	4	1	2	3	4		1	2	3	4				
Julie Loonies	X		44	M3	VIC	60	65	65		40	45	45		105	100	105	-		210		UNASSIS	2.36
Jenna Mores	X		53.5	Junior	NSW	40	50	55	55	25	30	32.5		75	50	60	-		135			
Jess Baker	X		50.0	Open	VIC	90	100	115		50	55	60		155	110	120	130		285			
Anne Bryant	X		90	Open	VIC	102.5	107.5	110		67.5	75	75		175	130	145	147.5		322.5			204.5
Dennis Derecki	X		90	Open	VIC	100	120	-		60	70	72.5		170	140	175	75		343			
Alan Simpson	X		75	M5	NSW	120	125	130		90	97.5	102.5		222.5	140	155	70		392.5			
Grant Cruikshank	X		82.5	Open	NSW	140	140	150		70	80	90		220	150	160	-		390			
X Matthew Fleming	X		90	Junior	VIC	125	140	142.5		70	85	85		195	175	190	200		335			
Jason Mandy	X		90	JM	VIC	145	145	170		115	125	120		270	205	222.5	230		390			293
Jim Hosie	X		90	Open	ACT	210	215	235		160	172.5	172.5		392.5	200	260	275		455		Assis	388.2
Peter Hally	X		90	M2	VIC	130	140	-		100	122.5	122.5		240	140	190	200		330			
Mark Sands	X		90	JM	NSW	60	-			50	60	95		150	205	215	225		335			
Colin Parkes	X		90	Open	NSW	175	175	140		100	107.5	120		282.5	170	-			432.5			
Barry Wilkes	X		90	M6	VIC	105	115	122.5		100	110	-		232.5	140	190	160		392.5			
X Tristan Bassman	X		100	JM	VIC	230	230	240		170	180	180		410	230	240	250		650			
Nathan Shepherd	X		100	Open	VIC	175	195	200		152.5	157.5	162.5		357.5	275	260	-		632.5		UNASSIS	350.
X Paul Teepe	X		100	M2	VIC	165	165	172.5		120	125	125		292.5	210	210	210		502.5			
X Chris Knight	X		125	Open	VIC	150	160	167.5		75	82.5	82.5		235	180	210	220		445			

REFEREES (& CATEGORY) Jan Cow Severina Cow B&B Parker
 HEAD REFEREE Jan Cow Severina Cow SIDE REFEREE Jan Cow Severina Cow B&B Parker