

Novice / Qualifying Competition Merimbula 14/03/09

Thirteen lifters entered the competition and weighed in at 8.00am. Lift off was at 9.00am so the team were busy getting everything organised. Bernie Sands was our announcer, assisted on the desk by Peter Bootes. Both did a fantastic job, particularly as they were completed new to our sport, and have just become associate members. Whilst Grandpa Michael supervised the children, things got under way. Our Head Referee was "Simmo" who had Lyza Morrison, Michele Bootes and Mark Sands as alternating side referees. Our Platform Manager was Kayne Robson who had Michael Bootes and Gary Malone, spotting & loading. Seven lifters had travelled from Traralgon Victoria and one from Canberra to compete in this event. Merimbula entered six lifters into the field, which turned out to be a great morning's lifting. Flight one consisted of Alex Hawkins, Craig Schmidt, Daniel Arbuthnot, Mitch Collins, Gary Newell, Dave Bedingfield and Damien Kruger. In Flight two were Ashley Malone, Barry Wilkes, Darren Gee, Ray Ancilleri, Mark Sands and Colin Parkes. All lifter acquitted themselves well with the best lifter trophy going to Damien Kruger, from the Barry Wilkes stable, with a total of 645kg. I congratulate all facilitators on their enthusiastic professional conduct and all lifters for there polite, friendly though fiercely competitive contest. Drug Free Powerlifting Associations of NSW Inc. was able to host this contest, in house. The only other organisation able to do this, apart from South Australian Powerlifting Association has been Central Vic YMCA Drug Free Lifters Inc.

We have a membership of 9 lifter's and 6 associate members, and I salute them.

Austin Morrison
Meet Director