

FLIGHT 1.

VICTORIAN DRUG FREE POWERLIFTING ASSOCIATION

STATE

EVENT

CATEGORIES

(N) Novice
(T) Teenager

(JM) Junior Master
(SM) Senior Master

(O) Open
(S) Senior

(M) Master
(GM) Grand Master

DATE

VENUE

	NAME	E	U	BWT kg	Cat kg CLASS	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat.	Grade	S.F.T.	
							1	2	3	4	1	2	3	4		1	2	3	4					
M-3	JULIE LOOMES		U	52.8	53	BENDIGO	70 [#]	77.5 ^{VA}	(80)		45	(50) SM	55 ^{VA}		130	117.5	122.5 ^{S+N}	125 ^{S+N}		255	.9565	243.91		
T-1	MARY STEED		U	57.4	58.5	M/BOROUGH	50 ^{VA}	62.5 ^{VA}	62.5 ^{VA}		30	(40)	42.5 ^{VA}		102.5	100 ^{S+N}	120 ^{S+N}	122.5 ^{S+N}		222.5	.8928	198.65		
OPEN	JANINE WALLACE		U	61.5	63	MELBOURNE	100 ^{VA}	100 ^{VA}	100 ^{VA}		60	(65)	70 ^{VA}		165	100 ^{S+N}	130 ^{S+N}	145 ^{S+N}		310	.8427	261.24		
OPEN	KIMBERLEY GITTINGS		U	63.1	65	MELBOURNE	70	75	80		45	47.5	(50)		130	110	115	120 ^{S+N}	122.5 ^{S+N}	250 ^{S+N}	250	.8246	206.15	
M-1	KERRY HOLMES	E		68.6	70	M/BOROUGH	70	80	87.5 ^{VA}		35	(40)	42.5 ^{VA}		127.5	100 ^{S+N}	120 ^{S+N}	125 ^{S+N}		247.5	.7689	190.3		
J-M	FREDA MAZZON		U	65.5	70	M/BOROUGH	90 ^{VA}	110 ^{VA}	110 ^{VA}		70	80	(85)	87.5	195	140 ^{S+N}	160 ^{S+N}	165 ^{S+N}	170 ^{S+N}	360	.7990	287.64		
M-2	LEANNE TUCKER		U	69.5	70	M/BOROUGH	60 ^{VA}	75 ^{VA}	80 ^{VA}		30 ^{VA}	42.5 ^{VA}	(45) ^{VA}		125	90 ^{S+N}	100 ^{S+N}	110 ^{S+N}		235	.7619	179.05		
M-5	DIANNE CASTANELLI		U	73.5	80	M/BOROUGH	70 ^{VA}	90 ^{VA}	100 ^{VA}		40	45 ^{VA}	(47.5)		147.5	100 ^{S+N}	115 ^{S+N}	125 ^{S+N}		262.5	.7322	192.2		
M-3	DEBBIE MACER		U	76.6	80	M/BOROUGH	90 ^{VA}	112.5 ^{VA}	112.5 ^{VA}		50	60	(62.5)		152.5	120 ^{S+N}	140 ^{S+N}	150 ^{S+N}		302.5	.7107	214.99		
M-2	KERRY RICHARDS		U	76.8	80	M/BOROUGH	80	90	105 ^{VA}		40	55	(58) SM		148	120 ^{S+N}	145 ^{S+N}	147.5 ^{S+N}		293	.7094	207.85		
JNR OPEN	DENAI DERECKI		U	85.4	90	M/BOROUGH	80 ^{VA}	100 ^{VA}	100 ^{VA}	100	40	52.5	(52.5)		132.5	130 ^{S+N}	140 ^{S+N}	142.5 ^{S+N}		272.5	.6560	178.76		
J-M	REBECCA PEARCE		U	86.9	90	M/BOROUGH	90	100	110		50	60	(60)		160	120 ^{S+N}	140 ^{S+N}	142.5 ^{S+N}		300	.6476	194.28		
M-3	JOY ROSENOW		U	79.3	80						47.5	50	(52.5)		52.5									

REFEREES (& CATEGORY)

HEAD REFEREE

SIDE REFEREE

SIDE REFEREE

FLIGHT 2. VICTORIAN DRUG FREE POWERLIFTING ASSOCIATION

STATE
 DATE 4th MAY, 2008

EVENT VICTORIAN STATE TITLES CHAMPIONSHIP
 VENUE STRATHFIELDSAYE SPORTS CLUB

CATEGORIES
 (N) Novice (JM) Junior Master (O) Open (M) Master
 (T) Teenager (SM) Senior Master (S) Senior (GM) Grand Master

NAME	E	U	BWT KG	KG Cat CLASS	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat.	Grade	S.F.T.
						1	2	3	4	1	2	3	4		1	2	3	4				
M-7 BILL LOTHERINGTON		U	64.7	67.5	KYNETON	50	70	75		40	60	(60)		130	70	110 ^{S+N}	(115) ^{S+N}		245	.7546		184.88
M-4 WAYNE TOWERS		U	75.6	75	M/BOROUGH	60	80			60	(70)	-		150	60	(100) ^{S+N}	-		250	.6603		165.09
JNR RHYS ARCHER		U	74.5	82.5	KYNETON					120	135	140		135 *								
M-3 NOEL LINDSAY		U	79.5	82.5	BALLARAT	140	150	157.5		130	140	(145)		295	190	200	(210) ^{S+N}		405	.6358		257.50
M-4 MAX GARDAM		U	79	82.5	M/BOROUGH	110	130			60	70	75		180	140	150	(155)		335	.6388		214.00
T-3 SIMON ROWLAND		U	76	82.5	M/BOROUGH	160	200	200		100	115	120		275	200 ^{S+N}	230 ^{S+N}	(240) ^{S+N}		515	.6577		338.72 ①
J-M MATTHEW PEARCE		U	89.6	90	M/BOROUGH	110	140	140		70	(85)	87.5		195	(170)	200	200		365	.5869		214.22
M-1 WAYNE MARTIN		U	84.2	90	BENDIGO	150	150	160		90	95	(100)		260	140	150	(160)		420	.6107		256.49
M-3 RAY ANCILLERI		U	89.8	90	GIPPSLAND	150	160	165	171	110	115	(122.5)		287.5	180	200	(212.5)		500	.5861		293.05
OPEN DARREN GEE		U	89.95	90	TRARALGON	115	135	(145)		110	120	(125)		270	170	200	(210)		480	.5857		281.14
T-2 CURTIS DE HAAN		U	85	90	M/BOROUGH	170	200			90	110	(117.5)		287.5	220				507.5	.6069		308.00
OPEN DARYL DANDO		E	89.3	90	GEELONG	230	230	230		170				NT	210				-	.5881		
TOM EXTRA (22yrs)		U	59.7	60*	KYNETON	90	95	105		90	100	107.5		205	140	160	(170)		375	.8170		306.30
M-5 BARRY WILKES		SINGLE	76.8	90	GIPPSLAND					100	107.5	(112.5)		112.5 *								
JNR TYLER MOW		BENCH	80.2	82.5*	BENDIGO	120	130	145		90	95	(100)	107.5	245	160	180	(200)		445	.6318		281.15

SIMON ROWLAND 338.72

REFEREES (& CATEGORY)

HEAD REFEREE D. Phillips

SIDE REFEREE Bob Parker

SIDE REFEREE J. Blaw

FLIGHT 3.

VICTORIAN DRUG FREE POWERLIFTING ASSOCIATION

STATE

EVENT **VICTORIAN STATE TITLES CHAMPIONSHIP**

CATEGORIES
 (N) Novice (JM) Junior Master (O) Open (M) Master
 (T) Teenager (SM) Senior Master (S) Senior (GM) Grand Master

DATE **4th MAY, 2008**

VENUE **STRATHFIELDS AYE SPORTS CLUB**

NAME	E	U	BWT KG	KG Cat CLASS	Club	SQUAT				BENCH				Sub Total	DEAD LIFT				Total	Place Cat	Grade	S.F.T.									
						1	2	3	4	1	2	3	4		1	2	3	4													
J-M BEN WINTLE ①		U	101.6	100	M/BOROUGH	160	150 ² 100	200		120	140	140		340	200	240	240		540	5504		297.22									
J-M CHRIS WHYTE ②		U	102.9	100	M/BOROUGH	160	190	190		90	105	110		300	200	240	250		540	5477		295.76									
OPEN RICHARD FALLA		U		100	TRARALGON																										
OPEN BRAD MATHIESON		U	100.3	100	M/BOROUGH	170	170	210		100	110			270	210	242.5			512.5	5533		283.57									
M-3 GARY NEWELL		U	105.8	110	TRARALGON	140	160	170		130	140	140 ^{SP}		310	210	230	240 ^{SPN}	250 ^{SPN}	550	5424		298.32									
J-M DEAN GEDDES		U	119.7	125	DONALD	160	175			110	120			295	200	225			520	5273		274.2									
M-1 ADAM MAZZON		U	115.5	125	M/BOROUGH	200	242.5 ^{SP}	250		140	150	153		392.5	220	285 ^{SPN}			677.5	5309		359.68									
M-3 MARK O'KEARNEY		U		125	M/BOROUGH																										
OPEN? DREW JONGEBLOED		U	118.4	125	BENDIGO	180	200	210		135	140	145		355	250	270	280		625	5284		330.25									
Flight 1. (See Daryl Dando 90KG E)																															
OPEN TRISTAN GASSMAN	E		99	100	WODONGA	180	190	200		170	180	190		360	230	240	250		600	5565		333.9									
M-2 ROSS KNIGHT	E		97.9	100	BENDIGO	180	200 ^S	215		140	150 ^{SPN}	150		365	230	250	270		635	6694		411.68									
OPEN SCOTT YORK	E		114.6	125	BALLARAT	65				175	182.5 ^{SPN}	190 ^{SPN}	200 ^{SPN}	255	75				350	5317		186.1									
Flight 1. (See Barry Wilkes 90KG)																															
T-3 ANDREW CECIL		SINGLE BENCH	91.6	100	WARRAGUL	/						1st	2nd	3rd	ALL	/				130											
J-M CRAIG SCHMIDT		U	110	110	WARRAGUL							125	130	130						137.5	145	150		150				150			
M-1 GLENN ASLING		U	121.7	125	TRARALGON							135	142.5	147.5						150	150	150		150				150			
OPEN SCOTT YORK	E		114.6	125	BALLARAT							175	182.5 ^{SPN}	190 ^{SPN}	200 ^{SPN}									200				200			
(Scott York full comp. & single bench)																															

REFEREES (& CATEGORY)

HEAD REFEREE *[Signature]* J Phillips

SIDE REFEREE *[Signature]* BOB PARKER

SIDE REFEREE *[Signature]* J L. Colow.