











**ASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	Club	kg	Name	Club	Kg	Name	Club	Kg
Open									
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									
Junior (20-23)									
JM (35-39)									
M1 (40-44)									
M2 (45-49)									
M3 (50-54)									
M4 (55-59)									

**UNASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	Club	kg	Name	Club	Kg	Name	Club	Kg
Open	Jonnie Rodda 23-Jul-06	MAR	52.5	Jonnie Rodda 23-Jul-06	MAR	30.0	Jonnie Rodda 23-Jul-06	MAR	70.0
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									
Junior (20-23)									
JM (35-39)									
M1 (40-44)									
M2 (45-49)									
M3 (50-54)									
M4 (55-59)									
M9 (80-84)	Jonnie Rodda 23-Jul-06	MAR	52.5	Jonnie Rodda 23-Jul-06	MAR	30.0	Jonnie Rodda 23-Jul-06	MAR	70.0





**ASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	Club	kg	Name	Club	Kg	Name	Club	Kg
Open									
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									
Junior (20-23)									
JM (35-39)									
M1 (40-44)									
M2 (45-49)									
M3 (50-54)									
M4 (55-59)									

**UNASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	Club	kg	Name	Club	Kg	Name	Club	Kg
Open	Rebecca Wardlaw 8-Aug-10	MAR	130.0	Rebecca Wardlaw 8-Aug-10	MAR	65.0	Rebecca Wardlaw 8-Aug-10	MAR	165.0
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									
Junior (20-23)									
JM (35-39)									
M1 (40-44)									
M2 (45-49)									
M3 (50-54)									
M5 (60-64)	Dianne Castanelli 8-Aug-10	MAR	100.0	Dianne Castanelli 8-Aug-10	MAR	45.0	Dianne Castanelli 8-Aug-10	MAR	125.0





**MEN'S 44 KG CLASS****ASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	State	kg	Name	State	Kg	Name	State	Kg
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									

**UNASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	State	kg	Name	State	Kg	Name	State	Kg
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									

**MEN'S 48 KG CLASS****ASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	State	kg	Name	State	Kg	Name	State	Kg
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									

**UNASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	State	kg	Name	State	Kg	Name	State	Kg
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									













**ASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	Club	kg	Name	Club	Kg	Name	Club	Kg
Open				Peter Hally 8-Aug-10	CRAN	121.0			
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									
Junior (20-23)									
JM (35-39)									
M1 (40-44)									
M2 (45-49)				Peter Hally 8-Aug-10	CRAN	121.0			
M3 (50-54)									
M4 (55-59)									

**UNASSISTED DIVISION**

Division	Squat			Bench Press			Deadlift		
	Name	Club	kg	Name	Club	Kg	Name	Club	Kg
Open	John Clow 6-Aug-11	GAL	190.0	Jason Mawby 8-Aug-10	MELZ	135.0			
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									
Junior (20-23)									
JM (35-39)				Jason Mawby 8-Aug-10	MELZ	135.0			
M1 (40-44)									
M2 (45-49)				Bernard Crameri 23-Jul-06		115.0			
M3 (50-54)				Ray Ancilleri 13-May-07	GIP	130.0			
M4 (55-59)				Ray Ancilleri 8-Aug-10	GIP	120.0			
M5 (60-64)	John Clow 6-Aug-11	GAL	190.0	Barry Wilkes 30-Apr-06	GIP	127.5			
M6 (65-69)				Barry Wilkes 8-Aug-10	GIP	107.5			



**Table 1**

<b>ASSISTED DIVISION</b>									
Division	Squat			Bench Press			Deadlift		
	Name	Club	kg	Name	Club	Kg	Name	Club	Kg
Open				Scott York		202.5			
				5-Aug-08	BAL				
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									
Junior (20-23)									
JM (35-39)									
M1 (40-44)									
M2 (45-49)									
M3 (50-54)									
M4 (55-59)									

<b>UNASSISTED DIVISION</b>									
Division	Squat			Bench Press			Deadlift		
	Name	Club	kg	Name	Club	Kg	Name	Club	Kg
Open	Damien Kruger		230.0	Damien Kruger		180.0	Nathan Shepherd		285.0
	8-Aug-10	WAR		8-Aug-10	WAR		8-Aug-10	SUN	
13									
T1 (14-15)									
T2 (16-17)									
T3 (18-19)									
Junior (20-23)									
JM (35-39)	Damien Kruger		230.0	Damien Kruger		180.0	Damien Kruger		280.0
	8-Aug-10	WAR		8-Aug-10	WAR		8-Aug-10	WAR	
M1 (40-44)									
M2 (45-49)									
M3 (50-54)									
M4 (55-59)	Robert Parker		202.5	Robert Parker		152.5	Robert Parker		230.0
	5-Aug-08	EHK		13-Jun-09	EHK		5-Aug-08	EHK	
M5 (60-64)	Robert Parker		200.0				Robert Parker		220.0
	6-Aug-11	GAL					6-Aug-11	GAL	





